

at least two bridging members extending between and connecting said panels, each bridging member comprising:

a pair of end plates;

a thin narrow strip member joining the mid-areas of said end plates;

a series of first narrow bracing members extending from positions adjacent a mid-point of said narrow strip member to positions spaced a short distance from the ends of said end plates; and

a series of second narrow bracing members extending from positions on said first bracing members to positions on said strip member intermediate said plates and said mid-point of said strip member.

43. **(new)** A building component comprising:

first and second high density foam panels each having inner and outer surfaces, a top and a bottom, said panels arranged to define a space therebetween for receiving pourable building material,

at least two partitions extending from said inner surface of said first panel to form cavities integral with said space, each partition comprising a bridging member extending between and connecting said panels; and

wherein said first panel extends at an obtuse angle with respect to the vertical such that building material poured into said space flows into said cavities to form with said first panel a supporting shelf.

44. **(new)** A building component comprising:

first and second insulating foam panels arranged in spaced parallel relationship to define therebetween a space for receiving pourable building material, and

at least two bridging members extending between and connecting said panels, each bridging member comprising:

a pair of end plates;

a thin narrow strip member joining the mid-areas of said end plates;

a series of first narrow bracing members extending from positions adjacent a mid-point of said narrow strip member to positions spaced a short distance from the ends of said end plates;
and

a series of second narrow bracing members extending from positions on said first bracing members to positions on said strip member intermediate said plates and said mid-point of said strip member;

wherein said first panel extends at an obtuse angle with respect to the vertical to define a supporting shelf.

45. **(new)** An insulated wall formed from a pourable building material, said wall comprising:

a first building component having a top and bottom and including first and second foam panels each having inner surfaces, said first and second panels arranged in spaced parallel relationship defining a first space having a first width for receiving pourable building material, and at least two first bridging members extending between and connecting said first and second panels;

a second building component having a top and bottom and including third and fourth foam panels each having a panel thickness, at least two panel connecting partitions extending inwardly from said third panel, at least two second bridging members extending between and connecting said third panel to said fourth panel through said panel connecting partitions, and wherein said third panel extends at an obtuse angle with respect to the vertical and defines with said fourth panel a second space in fluid communication with said first space, and said second